

TOHS BASEBALL PLAYER'S COMMITMENT TO THE PROGRAM

By choosing to tryout for the TOHS baseball program, you have made a commitment to that program. If you are chosen to be a program member, that commitment now becomes a reality. You will be expected to help make this program the best it can be. Your positive attitude, desire, dedication, enthusiasm, and willingness to excel and improve, will make us a better team and you a better person.

TEAM OBJECTIVES

To learn how to give our ALL for the TEAM
To help build TEAMWORK and a spirit of COOPERATION.
To be SELF-DISCIPLINED, LOYAL and have a strong desire to IMPROVE.

TEAM COMMITMENT

I will strive to be the best team player by being positive, loyal and enthusiastic.
I will always strive to give my best effort.
I will be an active participant in all of the team's functions beyond regular practices and games, school and community services, meetings, and promotions.
I understand the team needs must come before the individual's needs.
I will show respect for my teammates, my team, the coaches, student managers, team trainers, team moms and TOHS.
I will wear the assigned uniform for all practices and games. Team appearance will be important to me.
I understand that as a student athlete at Thousand Oaks and a member of the baseball program I must be an example to my community and fellow classmates of how to act with honor and dignity at all times on and off of the field.

PERSONAL COMMITMENT

I will abide by the rules of my community, the C.I.F. Southern Section, Thousand Oaks High School, and the TOHS Baseball Program at all times and will represent all of the above with dignity and honor at all times.
I WILL ATTEND ALL PRACTICE SESSIONS, GAMES, AND TEAM MEETINGS.
Being on time will be a must at all times.
The head coach, with advanced notice will approve any conflicts ahead of time. Advance notice is not just before the start of the event.
I will limit my social life with consideration for what is necessary to make a commitment to being the best STUDENT and BASEBALL PLAYER I can be.
I will use appropriate language and show respect to my parents, coaches, school, opponents, and officials.

ACADEMIC COMMITMENT

I will strive to do my best and study with diligence on all of my assignments, to earn the best grade point average that I can.
I will not cheat on my assignments.
I will do my best in the area of citizenship in the classroom and community.

Player signature

Parent signature